Archdiocese School Food Service
Lunch Menu

October 2021

All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEATURED ENTRÉE OF THE DAY				
Cheeseburger w/ Oven Baked Fries	*Beef Nachos w/ Tortilla Chips*	*Chicken Nuggets & Mash*	*Baked Ziti w/ Meat Sauce*	*Beef, Bean & Cheese Burrito*
27-Sep **Beef Hot Dog** Oven Baked Fries w/ Ketchup Fresh Apple Milk	28-Sep **Chicken Tamale** Mixed Vegetables Baby Carrots 100% Fruit Juice Milk	29-Sep **Chicken Alfredo Pasta** **w/ Steamed Broccoli** Whole Grain Cookie Tuscan White Bean Salad Fresh Banana Milk	30-Sep **BBQ Meatballs** **w/ Seasoned Potato Wedges** Dinner Roll Baby Carrots Fresh Orange Milk	1 ***Chicken Enchiladas*** **w/ Red Sauce** *Mixed Green Salad* *w/ Ranch Dressing* *Fresh Apple* *Milk*
4 **Beef Chili Cheese Fries** w/ Churro Chips Fresh Apple Milk	5 **Chicken Teriyaki** **w/ Chow Mein Noodles** Baby Carrots 100% Fruit Juice Milk	6 **Beef Meatloaf, Mash & Gravy** Dinner Roll Pinto Bean Salad Fresh Banana Milk	7 **Chicken Burrito Bowl** Whole Grain Dessert Baby Carrots Fresh Orange Milk	8 ***Meatball Sub Sandwich*** *House Salad* *w/ Italian Dressing* *100% Fresh Apple* *Milk*
11 **Chicken Patty Burger** Oven Baked Fries w/ Ketchup Fresh Apple Milk	12 **Cheese Lasagna** **w/ Tomato Basil Sauce** Baby Carrots 100% Fruit Juice Milk	13 **Build Your Own Turkey Tacos** **w/ Refried Beans,** Tortillas Jicama & Bean Salad w/Tajin Dressing Fresh Banana Milk	14 ***Breakfast for Lunch:*** **Pancake, Chicken Sausage &** **Seasoned Wedges,** Syrup Baby Carrots Fresh Orange Milk	15 ***Mac & Cheese*** Whole Grain Desssert *Kale & Green Apple Salad* *w/ Ranch Dressing* *100% Fruit Juice* *Milk*
18 **Honey-Mustard** **Grilled Chicken Sandwich** Oven Baked Fries w/ Ketchup Fresh Apple Milk	19 **Turkey Chili** w/ Original Popped Chips Baby Carrots 100% Fruit Juice Milk	20 **Orange Chicken** **w/ "Not So Fried" Rice** Sweet Chickea & Edamame Salad Fresh Banana Milk	21 **Spaghetti & Beef Meatballs** Baby Carrots Fresh Orange Milk	22 ***Hamburger*** *BBQ Popped Chips* *Lettuce, Tomato & Pickle Kit* *Fresh Apple* *Milk* *Ketchup*
25 **Beef Hot Dog** Oven Baked Fries w/ Ketchup Fresh Apple Milk	26 **Chicken Tamale** Mixed Vegetables Baby Carrots 100% Fruit Juice Milk	27 **Chicken Alfredo Pasta** **w/ Steamed Broccoli** Holiday Cookie Tuscan White Bean Salad Fresh Banana Milk	28 **BBQ Meatballs** **w/ Seasoned Potato Wedges** Dinner Roll Baby Carrots Fresh Orange Milk	***Chicken Enchiladas*** ***w/ Red Sauce*** *Mixed Green Salad* *w/Ranch Dressing* *Fresh Apple* *Milk*

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Better 4 You Meals

This institution is an equal opportunity provider.

October 2021 Lunch Order Form

School

Name Grade		
Date	(√) to Order	(√) to Order
10/1/21		
10/4/21		
10/5/21		
10/6/21		
10/7/21		
10/8/21		
10/11/21		
10/12/21		
10/13/21		
10/14/21		
10/15/21		
10/18/21		
10/19/21		
10/20/21		
10/21/21		
10/22/21		
10/25/21		
10/26/21		
10/27/21		
10/28/21		
10/29/21		
Total Meals Ordered		

NO MEAL CHARGES SY 2021-2022

Price per Meal		
Total Meals		
Meals x Cost		
Cash		
Check No.		

CUT AT SOLID LINE

Return to school In an envelope with students name and grade