

Archdiocese School Food Service
Lunch Menu K-8

October 2023



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starchy	Dark Green	Beans & Peas	Red & Orange	Other
2 Breaded Chicken Patty on Hamburger Bun Whole Kernel Corn (3/4c) 100% Fruit Juice Milk	3 Creamy Tuscan Cheese Pasta Steamed Broccoli & Carrots (1c) Fresh Fruit Milk	4 Green Cheese Enchilada Pinto Beans (1/2c) Fresh Fruit Milk	5 Pepperoni Pizza Carrot Sticks (3/4c) 100% Fruit Juice Milk	6 Hamburger Tater Tots (3/4c) Fresh Fruit Milk
9 Hawaiian Chicken w/ Brown Rice Whole Kernel Corn (3/4c) 100% Fruit Juice Milk	10 Orange Chicken Bowl w/ Brown Rice Steamed Broccoli & Carrots (1c) Fresh Fruit Milk	11 Chicken Tamale Pinto Beans (3/4c) Fresh Fruit Milk	12 Pepperoni Pizza Carrot Sticks (3/4c) 100% Fruit Juice Milk	13 Three Cheese Mac and Cheese Peas & Carrots (3/4c) Fresh Fruit Milk
16 Mongolian Beef Bowl w/ Brown Rice Peas & Carrots (3/4c) 100% Fruit Juice Milk	17 Spaghetti & Meatballs Steamed Broccoli & Carrots (1c) Fresh Fruit Milk	18 Beef & Cheese Nachos Pinto Beans (3/4c) Fresh Fruit Milk	19 Pepperoni Pizza Carrot Sticks (3/4c) 100% Fruit Juice Milk	20 Sloppy Joe on Hamburger Bun Mashed Potatoes (3/4c) Fresh Fruit Milk
23 BBQ Chicken on Bun Whole Kernel Corn (3/4c) 100% Fruit Juice Milk	24 Teriyaki Chow Mein Steamed Broccoli & Carrots (1c) Fresh Fruit Milk	25 Red Chicken Enchilada Pinto Beans (1/2c) Fresh Fruit Milk	26 Pepperoni Pizza Carrot Sticks (3/4c) 100% Fruit Juice Milk	27 Breaded Chicken Patty on Hamburger Bun Whole Kernel Corn (3/4c) Fresh Fruit Milk
30 Creamy Chicken Chipotle Pasta Peas & Carrots (3/4c) 100% Fruit Juice Milk	31 Spaghetti & Meat Sauce Steamed Broccoli & Carrots (1c) Fresh Fruit Milk			

Menu items may change due to supply chain issues, including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

This institution is an equal opportunity provider.



October 2023 Lunch Order Form

School		
Name		
Grade		
Date	(√) to Order	(√) to Order
10/2/23		
10/3/23		
10/4/23		
10/5/23		
10/6/23		
10/9/23		
10/10/23		
10/11/23		
10/12/23		
10/13/23		
10/16/23		
10/17/23		
10/18/23		
10/19/23		
10/20/23		
10/23/23		
10/24/23		
10/25/23		
10/26/23		
10/27/23		
10/30/23		
10/31/23		
Total Meals Ordered		

Full Price: \$3.00 Reduced Price: \$0.40

PAYMENT		
Price per Meal		
**Total Meals		
Meals x Cost		
Cash		
Check No.		

CUT AT SOLID LINE

Return to school in an envelope with students name and grade